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| *Title and Code of Course*: ERPB-BPS1281 Personality Psychology 2. practice |
| *Instructor’s Name*: Dr. Nikolett Eisenbeck  |
| *Instructor’s Email Address*: eisenbeckniki@gmail.com

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| Credit Point Value:**6** | Number of Lessons per Week: **2** | Type of Course:**Seminar X****Lecture ☐** | Method of Evaluation:**Oral Examination ☐****In-Class Presentation** **Other X** |

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| **Course Description:**The course aims to present different approaches to personality. Specifically, the classes will cover the theories of Erickson, Jung, existential psychology (e.g., Yalom, Frankl), Gestalt therapy, transactional analysis of Berne, humanistic psychology (e.g., Maslow, Rogers), communication theory, family therapy (e.g. Bowen) and transpersonal psychology (e.g., Assagioli, Grof). There will be a written test at the end of the course. Students will be introduced to the main concepts within the mentioned theories and related research findings. They will be supported in recognizing psychological phenomena within everyday contexts. Case studies will be used to support their learning process. There will be a written test at the end of the course.  |
| **Bibliography:**Presentations of the students. |