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| *Title and Code of Course*: **ERPB-BPS2629 Emotion recognition, Empathy and Mentalization** |
| *Instructor’s Name*: dr. Dora Kovacs |
| *Instructor’s Email Address*: [kovacs.dora@kre.hu](mailto:kovacs.dora@kre.hu) or [kovacsdoracsilla@gmail.com](mailto:kovacsdoracsilla@gmail.com)   |  |  |  |  | | --- | --- | --- | --- | | Credit Point Value:  **6** | Number of Lessons per Week: **2** | Type of Course:  **Seminar x**  **Lecture ☐** | Method of Evaluation:  **Oral Examination ☐**  **In-Class Presentation x**  **Other ☐** | |
| **Course Description:**  The aim of this course to introduce the importance of emotion recognition, empathy and mentalization. Students will get acquanted with some emotion recognition tests. They learn about the anatomical background , the factors and the therapeutic use of empathy. Students will have the oppurtunity to practise the emphatetic responses in action. The course also deals with the new concept of mentalization, the prementalizing modes, and the mentalization based therapy (MBT). Students need to make a presentation about one of these topics. |
| **Bibliography:**  Baron-Cohen, S. (2003): The essential difference: Men, women and the extreme male brain.  London, Penguin  Bateman, A; Fonagy, P. (2004). Mentalization based treatment of borderline personality disorder. Journal of Personality Disorders (18): 36–51.  Ekman P Facial expression . in: In Dalgleish, T., & Power, M. (1999). Handbook of Cognition and Emotion. New York: John Wiley & Sons Ltd. Chapter 16.  Hein, G. & Singer, T. (2008). I feel how you feel but not always: The empathic brain and its modulation. *Current Opinion in Neurobiology*, *18*(2), 153–158.  Leslie AM. Pretense and representation. The origins of ‘theory of mind’. Psychol Rev. 1987;94:412–426.  Mearns D., Thorne B.:Person-Centered Counselling in Action Sage publikation, London 2007  Rogers C. R.: On becoming a person. A therapist view of psychotherapy. London, Constable, 1961  Schlegel, K., Grandjean, D., & Scherer, K. R. (2014). [Introducing the Geneva Emotion Recognition Test: An example of Rasch-based test development.](http://www.affective-sciences.org/content/introducing-geneva-emotion-recognition-test-example-rasch-based-test-development) *Psychological Assessment*, *26*(2), 666-672. |