

<i>Title and Code of Course:</i> Eating and body image disorders			
<i>Instructor's Name:</i> Milán Leindler			
<i>Instructor's Email Address:</i> leindlermilan@gmail.com			
Credit Point Value: <b>6</b>	Number of Lessons per Week: <b>2</b>	Type of Course: <b>Seminar</b> <input checked="" type="checkbox"/> <b>Lecture</b> <input type="checkbox"/>	Method of Evaluation: <b>Oral Examination</b> <input type="checkbox"/> <b>In-Class Presentation</b> <input type="checkbox"/> <b>Other</b> <input checked="" type="checkbox"/>
<p>Course Description: The aim of the course is to discuss the etiology, prevalence, symptoms, diagnostic and treatment options of eating disorders and body image disorders.</p> <ul style="list-style-type: none"> <li>- Introduction to diagnosis, validity, reliability and cultural considerations to diagnosis</li> <li>- Introduction of the different approaches and aspects of body image</li> <li>- Diagnostic tools of body image</li> <li>- Symptoms and classification of eating disorders</li> <li>- Bio-psycho-social model of the etiology of eating disorders</li> <li>- Cultural aspects of eating disorders, prevalence of eating disorders</li> <li>- Diagnostic tools of eating disorders</li> <li>- Symbolic interpretation of symptoms in eating disorders</li> <li>- The analytic and the cognitive approach to treatment</li> <li>- Eclectic approach to treatment</li> <li>- Less known eating disorders and their diagnosis, treatment</li> <li>- Case studies of people with eating disorders</li> <li>- Summary, test</li> </ul>			
<p>Bibliography:</p> <ul style="list-style-type: none"> <li>- Frederickson, B. L., &amp; Roberts, T. (1997). Objectification theory: Towards understanding women's lived experience and mental health risks. <i>Psychology of Women Quarterly</i>, 21, 173–206.</li> <li>- Ziser, K., Mölbert, S. C., Stuber, F., Giel, K. E., Zipfel, S., &amp; Junne, F. (2018). Effectiveness of body image directed interventions in patients with anorexia nervosa: A systematic review. <i>International Journal of Eating Disorders</i>.</li> <li>- Keeton, W.P., Cash, T.F., &amp; Brown, T.A. (1990). Body image or body images? Comparative, multidimensional assessment among college students. <i>Journal of Personality Assessment</i>, 54, 213–230.</li> <li>- Garner DM, Olmstead MP, Polivy J: Development and validation of a multidimensional eating disorder inventory for anorexia nervosa and bulimia. <i>Int J Eating Dis</i> 1983, 2:15-34.</li> </ul>			