

<i>Title and Code of Course:</i> ERPB-BPS1181 Psychology of Personality 1. practice			
<i>Instructor's Name:</i> Dr. Nikolett Eisenbeck			
<i>Instructor's Email Address:</i> eisenbeckniki@gmail.com			
Credit Point Value: 6	Number of Lessons per Week: 2	Type of Course: Seminar X Lecture <input type="checkbox"/>	Method of Evaluation: Oral Examination <input type="checkbox"/> In-Class Presentation Other X
<p>Course Description: The course aims to present different approaches to personality, such as trait, biological, cognitive and behavioral ones, as well as classical psychoanalytic theory. Students will be introduced to the main concepts within the mentioned theories and related research findings. They will be supported in recognizing psychological phenomena within everyday contexts. Case studies will be used to support their learning process. There will be a written test at the end of the course.</p>			
<p>Bibliography: Cloninger S. C.(2004): Theories of Personality: Understanding Persons. Pearson Prentice Hall. Engler B. (2013): Personality Theories: An Introduction. Cengage Learning Friedman H.S., Schustack M.W. (2009): Personality. Classic Theories and Modern Research, Pearson. Howard P. J., Howard J.M. (2010): The Owner's Manual Personality at Work. Center for Applied Cognitive Studies Summers R.F., Barber J. P. (2016): Practicing Psychodynamic Therapy: A Casebook, Guilford. Willson R., Branch R. (2006): Cognitive Behavioural Therapy for Dummies. Wiley. Young J. E., Klosko J.S., Weishaar M.E. (2003): Schema Therapy: A Practitioner's Guide, Guilford. Zuckerman M. (2005): Psychobiology of Personality. Cambridge University Press.</p>			