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| *Title and Code of Course*: ERPB-MPS2971 **Personality change in social context** |
| *Instructor’s Name*: Paszkál Kiss, PhD |
| *Instructor’s Email Address*: kiss.paszkal@kre.hu   |  |  |  |  | | --- | --- | --- | --- | | Credit Point Value:  **6** | Number of Lessons per Week: **2** | Type of Course:  **Seminar**  **Lecture** | Method of Evaluation:  **Oral Examination**  **In-Class Presentation**  **Other** | |
| **Course Description:**  Personality change and everyday representations about this change are in the focus of the course. Research shows that people change less and less as they grow old, but personality traits and values are flexible even in old age. Difference between generations is also well documented even in psychological functioning. Social contexts may bring profound change in the personality through changing ideals and norms. While personal growth or coping with life problems may also be supported by social groups. A community psychology research will help us in studying how social interventions may serve individual well-being and coping. We will use social identity theory to explain how social group membership may sustain mental and physical health. And we study everyday reflections on how and why people change by using social representation and social cognition results. |
| **Bibliography:**   * Reynolds K.J. & Branscombe N.R. (2015) Psychology of Change: Life Contexts, Experiences and Identities. New York: Psychology Press. * Moritsugu, J., Vera, E. Wong, F.Y., Duffy K.G. (2016) *Community Psychology.* 5th Edition. London: Routledge. * Jetten, J., Haslam, C. & Haslam, A.S. (2012) The Social Cure: Identity, Health and Well-Being. New York: Psychology Press. * Carre, D. M., Valsiner, J., & Hampl, S. (Eds.). (2016). *Representing development: The social construction of models of change*. Routledge. |