

<i>Course Code and Title:</i> ERPB-BPS1281 – Personality Psychology 2 (Practice)			
<i>Instructor:</i> Sándor Szabados			
<i>Instructor's Email:</i> szabados.sandor@gmail.com			
Credits: 6	Lessons per Week: 2	Type of Course: Seminar X Lecture <input type="checkbox"/>	Method of Evaluation: In-Class Presentation Class Participation Test
<p>Course Description:</p> <p>The primary goal of the course is to encourage participants to actively engage with the main personality theories discussed in Personality Psychology 2 (Lecture). Students will have read and studied the required academic literature of the lecture. Also, the seminar is aimed at facilitating students to gain individual insight using knowledge acquired from the academic literature, while placing considerable emphasis on displaying and implementing the discussed theories. In terms of course material, the seminar and the lecture are identical. However, the seminar strongly promotes class discussion, active participation, group work, and in-class presentations. The course will cover the theories of Erickson and Jung, existential psychology (Yalom, Frankl, etc.), Gestalt therapy, the transactional analysis of Berne, humanistic psychology (Maslow, Rogers, etc.), communication theory, family therapy (Bowen, etc.), and transpersonal psychology (Assagioli, Grof, etc.). Students will get actively involved in the main concepts of these theories and the related research findings, and will be supported in recognizing psychological phenomena in different everyday contexts. Case studies will be used to support the learning process. Active class participation is highly recommended, positively encouraged, and will count towards the final grade. Students will be required to make presentations, as well as to write a midterm and a final exam.</p>			
<p>Bibliography:</p> <p>The same as for Personality Psychology 2 (Lecture)</p> <p>The Yalom Reader (1998) pp. 165–182</p>			