

*Title and Code of Course: ERPB-BPSA 4290 - Clinical and Health Psychology*

*Instructor's Name:*

*Instructor's Email Address:*

Credit Point Value:

**6**

Number of Lessons  
per Week: **2**

Type of Course:

**Seminar**

**Lecture**

Method of Evaluation:

**Oral Examination**

**In-Class Presentation**

**Other**

**Course Description:**

This course introduces students to the core principles of clinical psychology with a focus on science, practice, and research. Students will have an in-depth understanding of the evolution of this field of science as well as the contemporary clinical psychology. Upon completion of the course students will understand the role of a clinical psychologist and will be familiar with the methods used in identifying and assessing psychological disorders and preparing interventions. In terms of theoretical foundations, we will refer to the principal theories of personality psychology. We will explore the field of health psychology, including health and illness experience and behavior, and models of health psychology.

**Bibliography:**

Clinical Psychology, Eighth Edition

Timothy J. Trull and Mitchell J. Prinstein