**Title and Code of Course:** Personality Psychology 1.

**Instructor’s Name:** Zsuzsanna Mirnics Ph.D.

**Instructor’s Email Address:** mirnics.zsuzsanna@kre.hu

<table>
<thead>
<tr>
<th>Credit Point Value:</th>
<th>Number of Lessons per Week:</th>
<th>Type of Course:</th>
<th>Method of Evaluation:</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>2</td>
<td>Seminar □</td>
<td>Oral Examination □</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture ☒</td>
<td>In-Class Presentation □</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Other: Written Examination ☒</td>
</tr>
</tbody>
</table>

**Course Description:**

The course will provide an overview of some major classic and contemporary approaches to personality theory. Theories will be considered with respect to content, conceptual image of the individual, measurement and research methods as well as their applications and limitations.

Course topics:

- Personality theory from everyday observations to systematic theories. Methods of personality assessment and personality research.
- Trait theories of personality: Allport, Eysenck, Cattell
- The Five-Factor Model.
- Biological theories: Cloninger’s model and the Alternative Five
- Behaviorism and the learning approaches to personality. Learning Theories: Skinner, Dollard and Miller
- Social-Cognitive Theory: Bandura, Mischel.
- Freud’s psychoanalytic theory of personality. Applications and contemporary research
- Carl Jung: Analytic Psychology

**Bibliography:**