| Title and Code of Course: Introduction to Art Therapy | | | | |
|---|-----------------------------|-----------------|-------------------------|--|
| Instructor's Name: Dr. Adrián Lips, PhD | | | | |
| Instructor's Email Address: lips.adrian@kre.hu | | | | |
| Credit Point Value: | Number of Lessons per Week: | Type of Course: | Method of Evaluation: | |
| 2 | | Seminar ⊠ | Oral Examination | |
| | | Lecture □ | In-Class Presentation ⊠ | |
| | | | Other 🗵 | |
| | | | (Paper) | |

Course Description:

The aim of the course is to provide students with an insight into the theoretical and methodological foundations of the creation-based art therapy group. During the seminar, the participants will have the opportunity to understand their own experience of individual and collective creation, to analyze the created works with collective, understanding attention. Students are provided with an outline of questions to be answered to prepare their assignments.

Bibliography:

Edwards, David (2004): Art Therapy. Sage Publications, London – Thousand Oaks – New Delhi: 1–17.

Lips, Adrián (2021): Verbal and Non-verbal Communication in Art Therapy Workshops. Orpheus Noster, 2021/3.: 81–96.

Rogers, Carl (2007): The necessary and sufficient conditions of therapeutic personality change. Psychotherapy: Theory, Research, Practice, Training, 44 (3): 240–248.