

Title and Code of Course: **Spirituality of Everyday Life** (in English)
ERP-HT 0047; HT ÉRTÉ549; ERPB-BAN 0047

Venue and Time of Course:

KRE-BTK, Budapest, Reviczky str. 4/c
Thursday 15.45 -17.15

Instructor's Name: Dr. Dóra Bernhardt
Dr. Balázs Siba

Instructor's Email Address: siba.balazs@kre.hu, bernhardt.dora@kre.hu

Credit Point Value: ERP-HT 0047 - 6 points HT ÉRTÉ549 - 4 points	Number of Lessons per Week: 2	Type of Course: Seminar	Method of Evaluation:
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Course Description:

The goal of the course is to examine and understand the meaning and outworking of Christian spirituality in everyday life, in its different aspects and areas.

The program of the course: Learning and thinking together about some aspects of everyday life that are less often addressed in Christian theology and spirituality.

- spiritual habits
- different rituals of life
- weekly rhythm of the spiritual life
- the connection between work and prayer in the Christian life
- the dynamics of spiritual growth
- hospitality and table fellowship
- living in the body, clothing
- intimacy and sexuality
- health and illness
- life in the online world
- the spirituality of travel and free time
- Christian spirituality and public life

Requirements

Active participation in class

Final written reflection based on the compulsory readings and class discussion (2-3 pages)

Preparing and giving a presentation about a chosen topic

Bibliography:

Harrison Warren, Tish: *Liturgy of the Ordinary: Sacred Practices in Everyday Life* (InterVarsity Press, 2016)

Brudereck, Christina: *Gesegnete Mahlzeit. Tischgebete und Küchengeschichten aus aller Welt* (SCM, 2016)

Norris, Kathleen: *Quotidian Mysteries. Laundry, Liturgy and "Women's Work"* (Paulist Press, 1998)

Dearborn, Tim: *Taste and See. Awakening Our Spiritual Senses* (IVP, 1996)

Shenk, Sara Wenger: *Why Not Celebrate!* (Good Books, 1987)

Stevens, R. Paul: *Disciplines of the Hungry Heart. Christian Living Seven Days a Week* (Harold Shaw, 1993)