

*Title and Code of Course:* ERPB-MPS7161 **Coping with Grief, Loss and Bereavement**

*Instructor's Name:* Szimon Petra

*Instructor's Email Address:*

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| Credit Point Value:<br><b>6</b> | Number of Lessons<br>per Week: <b>2</b> | Type of Course:<br><b>Seminar</b> <input checked="" type="checkbox"/><br><b>Lecture</b> <input type="checkbox"/> | Method of Evaluation:<br><b>Oral Examination</b> <input type="checkbox"/><br><b>In-Class Presentation</b> <input checked="" type="checkbox"/><br><b>Other</b> <input checked="" type="checkbox"/> |
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**Course Description:**

In the psychologist practice the theme of death, losses and coping with grief of clients and oneself is inevitable. The two correlates closely – for an authentic and congruent helper attitude it is essential to explore our own attitude towards death, grief and if needed to work on it.

The course provides theoretical and practical knowledge regarding the topic, in the meantime with the self-reflective approach it facilitates to find one's focus on further self-knowledge directions.

**Bibliography:**