

Syllabus

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| Title of course: | Psyche and Society |
| Code: | |
| Course requirement: | test |
| Time: | Monday, 13.00-14.30 |
| Place: | 107 |
| Weekly hours: | 2 |
| Credits: | 4 |
| Name of course leader: | Szumner, Csaba |
| Title of course leader: | associate professor |

Brief description

The course starts with an epistemological foundation of psychology. It is followed by an introduction to existential and humanistic psychology, including the encounter movement of the 60s and 70s. Then the psychedelic movement of the 60s and the significance of altered states of consciousness in psychological and philosophical research will be discussed. The second half of the course starts with an outline of Descartes' ideas about the human mind and the Cartesian scientific method. Then the lectures will discuss the first decades of the experimental psychology and the critiques of the experimental psychology after the WWI. The last part of the course will be about the Freudian psychoanalysis and the Husserlian phenomenology.

Semester schedule

| Number of weeks: | Date: | Topic |
|-------------------------|--------------|--|
| 1 | 12.szept | Methodological foundation of psychology: Psychology as natural science and human science |
| 2 | 19.szept | Existential psychotherapy: meaning and pathology of meaningless |
| 3 | 26.szept | Humanistic psychology and the counterculture of the 60s |
| 4 | 03.okt | Carl Rogers and the encounter movement |
| 5 | 11.okt | Psychedelics and counterculture of the 60s |
| 6 | 17.okt | Altered states of consciousness in psychology and philosophy |
| 7 | 07.nov | Descartes and the scientific method |
| 8 | 14.nov | The first decades of the experimental psychology: Wundt, Kripke, Watson |
| 9 | 21.nov | Critiques of the experimental psychology: Bergson, Dilthey; hermeneutical and phenomenological methodology in psychology |
| 10 | 28.nov | Introduction to psychoanalysis |
| 11 | 05.dec | Freud's seduction theory; the sexual abuse panic in the United States in the 80s and 90s |

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| 12. | 12.dec | Introduction to phenomenology |
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Readings

Grogan, Jessica 2013. *Encountering America: Humanistic Psychology, Sixties Culture and the Shaping of the Modern Self*. New York: Harper Perennial

Szummer, Csaba & Simon, Kata: Humanistic Psychology and The Counter Culture of the Sixties In: Komjáti Viktória (ed.) *Kultúrák közötti kommunikáció: Antológia 2015* . Budapest: Edge 2000 Kiadó, 2015. pp. 127-137. (ISBN:978-963-9760-35-6)

Yalom, Irving. D. *Existential psychotherapy*. Basic Books, 1980

Peterson, Jordan: *12 rules for life. An antidote to chaos*. Penguin Books Limited, 2018

Hergenhahn, B. R. *An introduction to the history of psychology*. Wadsworth Publishing; 8 edition (January 1, 2018)

Documentaries

MDMA Therapy, YouTube video

Geniuses of the Modern World, Freud, Netflix, between 10-20. min

The woman with 7 personalities, between 40.-30. Min Netflix,

Recommended readings

Horváth, L., Szummer, C., & Szabo, A. (2017). Weak phantasy and visionary phantasy: The phenomenological significance of altered states of consciousness. *Phenomenology and the Cognitive Sciences*, 17(1), 117–129. doi: <https://doi.org/10.1007/s11097-016-9497-4>

Szummer, Cs., Horváth, L., Frecska, E., Orzói, K., (2017). The hyperassociative mind: psychedelic experience and Merleau-Ponty's „wild being”. *Journal of Psychedelic Studies*, 2017, 1(2), pp. 55–64. <https://doi.org/10.1556/2054.01.2017.006>

[Narancsik](#), G & [Szummer](#), Cs. (2013). Closing the gap between phenomenological and naturalistic approaches in psychology and philosophy—perspectives for the new millennium. *Daseinsanalyse. Yearbook for phenomenological anthropology and psychotherapy*, 2013, 23-27