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| <i>Title and Code of Course:</i> Personality Psychology 1.  |   |  |   |
| <i>Instructor's Name:</i> Zsuzsanna Mirnics Ph.D.   |   |  |   |
| <i>Instructor's Email Address:</i> <a href="mailto:mirnics.zsuzsanna@kre.hu">mirnics.zsuzsanna@kre.hu</a>   |   |  |   |
| Credit Point Value:<br><b>6</b>   | Number of Lessons<br>per Week: <b>2</b> | Type of Course:<br><b>Seminar</b> <input type="checkbox"/><br><b>Lecture</b> <input checked="" type="checkbox"/> | Method of Evaluation:<br><b>Oral Examination</b> <input type="checkbox"/><br><b>In-Class Presentation</b> <input type="checkbox"/><br><b>Other: Written Examination</b> <input checked="" type="checkbox"/> |
| <b>Course Description:</b><br><br><p>The course will provide an overview of some major classic and contemporary approaches to personality theory. Theories will be considered with respect to content, conceptual image of the individual, measurement and research methods as well as their applications and limitations.</p> <p>Course topics:</p> <ul style="list-style-type: none"> <li>Personality theory from everyday observations to systematic theories. Methods of personality assessment and personality research.</li> <li>Trait theories of personality: Allport, Eysenck, Cattell</li> <li>The Five-Factor Model.</li> <li>Biological theories: Cloninger's model and the Alternative Five</li> <li>Behaviorism and the learning approaches to personality. Learning Theories: Skinner, Dollard and Miller</li> <li>Social-Cognitive Theory: Bandura, Mischel.</li> <li>Freud's psychoanalytic theory of personality. Applications and contemporary research</li> <li>Carl Jung: Analytic Psychology</li> </ul> |   |  |   |
| <b>Bibliography:</b><br><br><p>Carver, C. S., Scheier, M. F. (2017). Perspectives on personality. Pearson, Allyn and Bacon, Boston.</p> <p>Cloninger S.C. (2012 and other editions): Theories of Personality: Understanding Persons, Pearson.</p> <p>Engler B: (2013, and other editions): Personality Theories. Cengage Learning.</p> <p>Ewen R. B. (multiple editions): An Introduction to Theories of Personality. Psychology Press.</p> <p>Schultz, D. P., Schultz, S. A. (2016). Theories of Personality, Belmont, CA: Wadsworth</p>   |   |  |   |