

## ERPB-MPS ???? – Attachment Theory in Practice

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Credit Point Value: <b>6</b>	Number of Lessons per Week: 2	Type of Course: <b>Seminar</b> <input checked="" type="checkbox"/> <b>Lecture</b> <input type="checkbox"/>	Method of Evaluation: <b>Oral Examination</b> <input type="checkbox"/> <b>In-Class Presentation</b> <input type="checkbox"/> <b>Other</b> <input checked="" type="checkbox"/>
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### Course Description:

The course first will provide an introductory overview of the basic concepts and historical roots of attachment theory as well as its developmental, clinical and methodological advances from early infancy to late adulthood.

Topics include: Historical roots of attachment theory: clinical and etiological observations of Spitz, Harlow, Bowlby and Robertson. Individual differences in the formation of attachment. Attachment types and the concept of Internal working model. Cultural differences and Ainsworth's concept of maternal sensitivity. The development of attachment through the lifespan. Challenges of measuring attachment. Adult attachment and romantic relationships. Attachment and psychopathology.

Students will be required to choose a topic relevant to attachment research and will practice their skills of elaborate and present their chosen topic. Suggested topics include:

- ☒ Cultural differences in attachment
- ☒ Attachment and romantic relationships
- ☒ Attachment and peer relations in school
- ☒ Family system, parenting and attachment
- ☒ Trauma, resilience and attachment
- ☒ Emerging adulthood and attachment
- ☒ Developmental risk and attachment
- ☒ Genetic and epigenetic correlates of attachment.
- ☒ Attachment and aging
- ☒ Mental disorders and attachment

Applied attachment research (e.g., attachment parenting, attachment in workplace relations, etc.)

### Bibliography: