

BPSA 1360 Development Psychology 3.				
Instructor in charge: Máté Smohai PhD	Number of classes per semester: N: 30+0 L: 10+0	Credit: 2	Pre-requisites: -	
Instructor(s): Eszter Hátori PhD Andrea Kövesdi PhD	Course status: compulsory	Semester: spring	Language of instruction: English	Type of grade: Exam
			Recommended semester: IV. semester	Method of evaluation: written exam
<i>Aims and objectives of the course:</i>				
A comprehensive account of the psychological events of adolescence, young adulthood and adulthood, and of disorders of psychological functioning and socialisation.				
<i>Brief description of the programme, knowledge, skills and competences to be acquired:</i>				
• Cultural conditions of growing up, adolescence at the beginning of the 21st century. • Physical, organ development, sexual maturation and their impact on adolescent behaviour. • Cognitive development, development of problem-solving thinking in adolescence. • Self development and identity, social relationships in adolescence. • Adolescent crises, deviance. • Characteristics of young adulthood. • Lifelong development (psychology of adulthood and old age). • Developmental disorders of psychic functions. • Socialisation disorders, difficult parenting. • Coping and resilience.				
<i>Course requirements:</i>				
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<i>Materials available to facilitate the acquisition of knowledge contents, skills and competences</i>				
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<i>Compulsory literature:</i>				
• <u>Cynthia Lightfoot, Michael Cole & Sheila R. Cole (2018): The Development of Children, Worth Publishers; Eighth edition (March 30, 2018); ISBN-10: 1464178860; ISBN-13: 978-1464178863</u> • Griffin, James A.; McCardle, Peggy; Freund, Lisa (2016): <u>Executive Function In Preschool-Age Children: Integrating Measurement, Neurodevelopment, And Translational Research</u>; ISBN: 978-1-4338-1826-4				
<i>The course aims to develop the following competences listed in the official programme and outcome requirements:</i>				
a) knowledge - You will have a good knowledge of the analytical and interpretative areas of the main typical research questions in psychology. b) skills - Understand the established procedures for the reception of texts and cultural phenomena and the professionally accepted contexts of interpretation. c) attitude - Ability to work cooperatively and in groups. - Show sensitivity and interest in psychological phenomena and problems.				

- Possess effective communication and problem-solving skills.
- Demonstrates ethical and humane behaviour in interpersonal relationships.
- Empathy, tolerance and flexibility in the application of knowledge,
- Possesses realistic self-awareness, self-evaluation and a success-oriented attitude in individual work.
- Accepts and puts into practice a health-promoting approach and lifestyle.
- autonomy and responsibility
- You have the ability to learn professionally and the need for continuous personal development and growth.
- Possesses initiative, autonomy and the ability to make decisions in a team environment.
- Possess a sense of individual and collective responsibility and accountability.
- Assumes responsibility for the work carried out and is aware of its possible consequences.