

BPSA2 Title and Code of Course: Applied performance psychology – BPS 2

Instructor's Name: Roland Kasek

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Credit Point Value: 6	Number of Lessons per Week: 2	Type of Course: <u>Seminar</u> <input type="checkbox"/> Lecture <input type="checkbox"/>	Method of Evaluation: Oral Examination <input type="checkbox"/> In-Class Presentation <input type="checkbox"/> <u>Other</u> <input type="checkbox"/>
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Course Description:

The course focusses on the practical aspects of applied performance psychology, primarily in business environment.

During the semester students will have the opportunity to gain valuable insights and experience about the perceptual and developmental aspects of performance, decision making, behavior economics and other related psychological phenomena.

Topics:

- Reality, perception and supposition of performance
- Measuring objective, perceived and opined performance
- Time perspective development
- Decision making and behavior economics
- Mental health, physiology and performance
- Stress and addiction
- Applied performance psychology – framework and methodology
- Applied performance psychology – demonstration
- Case studies

Students have opportunity to participate in the research (and publish), have active debates in-class (100%/50%) and they also receive credits for team or individual homework (100%/50%).

Bibliography:

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Recommended bibliography

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