

*Title and Code of Course:* **ERP-BPSA 1180 Personality Psychology 1.**

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Credit Point Value: <b>6</b>	Number of Lessons per Week: <b>2</b>	Type of Course: <b>Seminar</b> <input type="checkbox"/> <b>Lecture</b> <input checked="" type="checkbox"/>	Method of Evaluation: <b>Oral Examination</b> <input type="checkbox"/> <b>In-Class Presentation</b> <input type="checkbox"/> <b>Other</b> <input checked="" type="checkbox"/>
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**Course Description:**

The course will provide an overview of some major classic and contemporary approaches to personality theory. Theories will be considered with respect to content, conceptual image of the individual, measurement and research methods as well as their applications and limitations.

Course topics:

- Personality theory from everyday observations to systematic theories. Methods of personality assessment and personality research.
- Trait theories of personality: Allport, Eysenck, Cattell
- The Five-Factor Model.
- Biological theories: Cloninger's model and the Alternative Five
- Behaviorism and the learning approaches to personality. Social-Cognitive Theory: Bandura and Mischel.
- Psychodynamic theory: Freud's psychoanalytic theory of personality. Applications and contemporary research
- Carl Jung: Analytic Psychology
- Alfred Adler: Individual Psychology
- Erik Erikson: Psychosocial-developmental theory of personality

**Bibliography:**

Carver, C. S., Scheier, M. F. (2017). Perspectives on personality. Pearson, Allyn and Bacon, Boston.

Cloninger S.C. (2012 and other editions): Theories of Personality: Understanding Persons, Pearson.

Engler B: (2013, and other editions): Personality Theories. Cengage Learning.

Schultz, D. P., Schultz, S. A. (2016). Theories of Personality, Belmont, CA: Wadsworth