

Postgraduate Training as a Supervisor

Supervision is the most effective means of maintaining and developing the professional personality of the practitioner. It examines professional functioning in the context of the role, organisation, or institution. Supervision is a process of learning, development and personal effectiveness, based on and always feeding back from one's own professional experience. Self-reflection, the reflective presence of the supervisor, is an essential element, its main mode of operation. It is eclectic in its methods, selecting and applying elements from a whole range of psychological approaches in the service of self-reflective work.