

Postgraduate Training in Mental Health Counselling

Our department has been in operation for two decades, with courses in Transylvania (Illyefalva), Transylvania (Léva), Transcarpathia (Berehovo) and Southern Hungary (Subotica). Our main goal is to build a comprehensive spiritual support network and a professional mental health community in the Hungarian-speaking areas of the region. Training in mental health support for people with various life management - relationship - health behaviour difficulties (but healthy people!), and to design and implement community-based programmes to promote mental health.